

COURSE OBJECTIVES:

1. Define the "Get Permission Approach" as it relates to sensory challenges for children and families
2. List 4 principles of a successful mealtime
3. Define trust in each of the infant and parent roles in feeding, from infancy through three years of age
4. List anatomical and physiological and gastrointestinal factors which have influence on mealtime permission
5. Define health, appetite, neurological and growth influences on mealtimes
6. Define eating as a learned behavior.
7. Define the importance of non-judgmental therapeutic vocabulary in parent support.
8. Describe the importance of hunger/appetite in internal motivation to eat.
9. Define oral cautiousness vs oral aversion
10. Describe the "Get Permission Approach" as it relates to sensory challenges for children and families
11. List the sensory channels in the sensory continuum and at least four treatment strategies for each.
12. Describe the "Get Permission Approach" as it relates to support for tube fed children and their families.
13. List the transitions plateaus for children and adults characteristic of tube feeding transitions
14. Define exploratory and calorie reduction appetite challenges and give three examples of each.
15. Describe the "Get Permission Approach" as it relates to support of children who have visual impairments and their families
16. Describe ways the "Get Permission Approach" can support children on the autism spectrum and their families
17. Create and practice setting goals and specific "Get Permission" treatment activities and family supports.

COURSE DESCRIPTION:

"Get Permission" is an approach to mealtimes and feeding treatment based on the foundation of trust in a feeding relationship. It supports children who have sensory mealtime challenges in moving forward with mealtime goals with trust, enjoyment, and confidence. It follows the child's lead with creative and sensitive mealtime treatment strategies.

The purpose of this relationship-based workshop is to provide treatment and family support strategies for children with sensory mealtime challenges. Its focus is to help children find enjoyment and confidence in the sensory aspects of mealtimes.

We look at complicated sensory challenges for children who are worried about the sensory aspects of feeding, those who have had limited or scary oral sensory experiences, those who are fed by tube, have visual impairments or are on the autism spectrum.

It supports an approach of getting oral sensory permission as a foundation of trust for change. Case studies will be reviewed and discussed.

The 'Get Permission' Approach to Sensory Mealtime Challenges



**Presented by
Marsha Dunn Klein,
MEd., OTR/L**

**April 27th and 28th, 2012
Toronto, Ontario**

**Sponsored by:
The Learning Workshop**

☎ (905) 709-3354

Fax (905) 597-8577

E-mail:

tlearningworkshop@gmail.com

Website:

www.thelearningworkshop.ca

Marsha Dunn Klein M Ed, OTR/L is a paediatric occupational therapist who specializes in treating infants and young children with feeding issues. She has presented extensively on the topic of paediatric feeding both nationally and internationally.

Marsha has co-authored several books, including Feeding and Nutrition for the Child with Special Needs with Tracy Delaney, and Prefeeding Skills, Prefeeding Skills-Second Edition and Mealtime Preparation Guide with Suzanne Evans Morris.

Marsha is the founder of Mealtime Notions LLC which provides consultative support for families, professionals and feeding teams, as well as mealtime education videos, books and other products.

Audience:

Professionals working with paediatric feeding challenges will enjoy the scope and depth of this workshop.

Workshop Location:

Holland Bloorview Kids Rehab
150 Kilgour Road
Toronto, Ontario
M4G 1R8
416-425-6220
www.hollandbloorview.ca

AGENDA

Day One (Friday, April 27th):

8:30 Registration
9:00 – 10:30 Description of options, get permission approach, feeding relationship characteristics of mealtimes. Principles that make mealtimes successful, infant bonding and attachment
10:30 – 10:45 Break
10:45 – 12:00 Child and parent roles & trust factors, case examples of factors that influence parent & child mealtime interactions
12:00 – 1:00 Lunch
1:00 – 3:00 Importance of experience in mealtime interactions, vocabulary we use in feeding descriptions with families. GI anatomy, and physiology with emphasis on GI symptoms that influence desire to eat
3:00 – 3:15 Break
3:15 – 5:00 GI diagnostic tests, pros and cons. Understanding the picture of appetite, growth parameters and growth charts, assessment of sensory challenges. View “Get Permission” videotape, Q & A

Day Two (Saturday, April 28th):

8:30 – 10:00 Sensory continuum & appropriate trust based sensory strategies, turn tube feedings into mealtimes
10:00 – 10:15 Break
10:15 – 12:00 Tube Feeding Transition Plateaus, steps towards improved sensory control and oral eating. The journey from tube to oral feeding, appetite challenges, homemade blended formula, case study
12:00 – 1:00 Lunch
1:00 – 2:30 Continued from morning
2:30 – 2:45 Break
2:45 – 4:30 The strength and weaknesses of the Get Permission Approach as it relates to children who are on the autism spectrum

Registration Fees:

\$450.00 (includes HST, breakfast, snacks and handouts)

Make cheque payable to “The Learning Workshop”

Full refunds will be given until 30 days prior to the course. Within 30 days of the course, a \$50 administrative fee will be applied to all refunds. **No refunds will be given for cancellations made within 2 weeks of the first day of the course.**

The Learning Workshop reserves the right to cancel a course for just cause. Cancellation due to insufficient registration will not occur less than two weeks prior to the course. In such a case, full tuition will be promptly refunded. Non-refundable airfares will not be reimbursed.

Please note that we do not process credit card payment.

Registration Form - Marsha Dunn Klein

Name: _____

Address: _____

Phone: _____

Email: _____

Fax: _____

Profession: _____

Place of Work: _____

Mail Registration to:

The Learning Workshop
222 Winding Lane

Thornhill, Ontario, L4J 5J6

Phone: (905) 709-3354

Fax: (905) 597-8577

e-mail: tlearningworkshop@gmail.com

All course participants will be issued a Certificate of Attendance and official Tax receipt.

Both of these documents can be forwarded to the **Allied Health Professional Development Fund** for potential full reimbursement. For info/applications, visit

www.ahpdf.ca

COURSE OBJECTIVES:

1. Define the "Get Permission Approach" as it relates to sensory challenges for children and families
2. List 4 principles of a successful mealtime
3. Define trust in each of the infant and parent roles in feeding, from infancy through three years of age
4. List anatomical and physiological and gastrointestinal factors which have influence on mealtime permission
5. Define health, appetite, neurological and growth influences on mealtimes
6. Define eating as a learned behavior.
7. Define the importance of non-judgmental therapeutic vocabulary in parent support.
8. Describe the importance of hunger/appetite in internal motivation to eat.
9. Define oral cautiousness vs oral aversion
10. Describe the "Get Permission Approach" as it relates to sensory challenges for children and families
11. List the sensory channels in the sensory continuum and at least four treatment strategies for each.
12. Describe the "Get Permission Approach" as it relates to support for tube fed children and their families.
13. List the transitions plateaus for children and adults characteristic of tube feeding transitions
14. Define exploratory and calorie reduction appetite challenges and give three examples of each.
15. Describe the "Get Permission Approach" as it relates to support of children who have visual impairments and their families
16. Describe ways the "Get Permission Approach" can support children on the autism spectrum and their families
17. Create and practice setting goals and specific "Get Permission" treatment activities and family supports.

COURSE DESCRIPTION:

"Get Permission" is an approach to mealtimes and feeding treatment based on the foundation of trust in a feeding relationship. It supports children who have sensory mealtime challenges in moving forward with mealtime goals with trust, enjoyment, and confidence. It follows the child's lead with creative and sensitive mealtime treatment strategies.

The purpose of this relationship-based workshop is to provide treatment and family support strategies for children with sensory mealtime challenges. Its focus is to help children find enjoyment and confidence in the sensory aspects of mealtimes.

We look at complicated sensory challenges for children who are worried about the sensory aspects of feeding, those who have had limited or scary oral sensory experiences, those who are fed by tube, have visual impairments or are on the autism spectrum.

It supports an approach of getting oral sensory permission as a foundation of trust for change. Case studies will be reviewed and discussed.

The 'Get Permission' Approach to Sensory Mealtime Challenges



**Presented by
Marsha Dunn Klein,
MEd., OTR/L**

**April 27th and 28th, 2012
Toronto, Ontario**

**Sponsored by:
The Learning Workshop**

☎ (905) 709-3354

Fax (905) 597-8577

E-mail:

tlearningworkshop@gmail.com

Website:

www.thelearningworkshop.ca

Marsha Dunn Klein M Ed, OTR/L is a paediatric occupational therapist who specializes in treating infants and young children with feeding issues. She has presented extensively on the topic of paediatric feeding both nationally and internationally.

Marsha has co-authored several books, including Feeding and Nutrition for the Child with Special Needs with Tracy Delaney, and Prefeeding Skills, Prefeeding Skills-Second Edition and Mealtime Preparation Guide with Suzanne Evans Morris.

Marsha is the founder of Mealtime Notions LLC which provides consultative support for families, professionals and feeding teams, as well as mealtime education videos, books and other products.

Audience:

Professionals working with paediatric feeding challenges will enjoy the scope and depth of this workshop.

Workshop Location:

Holland Bloorview Kids Rehab
150 Kilgour Road
Toronto, Ontario
M4G 1R8
416-425-6220
www.hollandbloorview.ca

AGENDA

Day One (Friday, April 27th):

8:30 Registration
9:00 – 10:30 Description of options, get permission approach, feeding relationship characteristics of mealtimes. Principles that make mealtimes successful, infant bonding and attachment
10:30 – 10:45 Break
10:45 – 12:00 Child and parent roles & trust factors, case examples of factors that influence parent & child mealtime interactions
12:00 – 1:00 Lunch
1:00 – 3:00 Importance of experience in mealtime interactions, vocabulary we use in feeding descriptions with families. GI anatomy, and physiology with emphasis on GI symptoms that influence desire to eat
3:00 – 3:15 Break
3:15 – 5:00 GI diagnostic tests, pros and cons. Understanding the picture of appetite, growth parameters and growth charts, assessment of sensory challenges. View “Get Permission” videotape, Q & A

Day Two (Saturday, April 28th):

8:30 – 10:00 Sensory continuum & appropriate trust based sensory strategies, turn tube feedings into mealtimes
10:00 – 10:15 Break
10:15 – 12:00 Tube Feeding Transition Plateaus, steps towards improved sensory control and oral eating. The journey from tube to oral feeding, appetite challenges, homemade blended formula, case study
12:00 – 1:00 Lunch
1:00 – 2:30 Continued from morning
2:30 – 2:45 Break
2:45 – 4:30 The strength and weaknesses of the Get Permission Approach as it relates to children who are on the autism spectrum

Registration Fees:

\$450.00 (includes HST, breakfast, snacks and handouts)

Make cheque payable to “The Learning Workshop”

Full refunds will be given until 30 days prior to the course. Within 30 days of the course, a \$50 administrative fee will be applied to all refunds. **No refunds will be given for cancellations made within 2 weeks of the first day of the course.**

The Learning Workshop reserves the right to cancel a course for just cause. Cancellation due to insufficient registration will not occur less than two weeks prior to the course. In such a case, full tuition will be promptly refunded. Non-refundable airfares will not be reimbursed.

Please note that we do not process credit card payment.

Registration Form - Marsha Dunn Klein

Name: _____

Address: _____

Phone: _____

Email: _____

Fax: _____

Profession: _____

Place of Work: _____

Mail Registration to:

The Learning Workshop
222 Winding Lane

Thornhill, Ontario, L4J 5J6

Phone: (905) 709-3354

Fax: (905) 597-8577

e-mail: tlearningworkshop@gmail.com

All course participants will be issued a Certificate of Attendance and official Tax receipt.

*Both of these documents can be forwarded to the **Allied Health Professional Development Fund** for potential full reimbursement. For info/applications, visit*

www.ahpdf.ca