

About the Speakers:

KAY A. TOOMEY, PH.D.

Dr. Kay A. Toomey is a Pediatric Psychologist who has worked with children who don't eat for over 15 years. She developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and acts as a consultant to Gerber Products. Dr. Toomey helped to form The Denver Children's Hospital Feeding Clinic and the Rose Medical's Pediatric Feeding Center. She co-chaired the Pediatric Therapy Services Department at the Rose Medical Center prior to entering private practice. Dr. Toomey is currently the President and owner of Toomey & Associates, Inc.

ERIN S. ROSS, MA., CCC-SLP, PH.D.

Dr. Erin Ross is a Speech Language Pathologist who specializes in the development of feeding and feeding disorders in infants and young children. Ms. Ross has worked in several NICU settings over the past 15 years. Ms. Ross has been the Education Coordinator for the Rocky Mountain Fragile Infant Feeding Institute, in her capacity as a Clinical Instructor with the Center for Family and Infant Interaction Center at the University of Colorado Health Sciences Center. She has also worked in private practice with Dr. Toomey for over 10 years. Ms. Ross recently completed her doctorate in the Clinical Sciences, Health Services Track at the University of Colorado Health Sciences Center and is now the Clinical Fellow in Nutrition at this medical centre. Ms. Ross is a nationally recognized speaker in feeding development and feeding disorders.

Course Description:

The SOS Approach to Feeding is an innovative assessment and intervention program that addresses problematic feeding behaviours in a variety of populations. This includes children with neurological disorders, medical issues, autism spectrum disorders, sensory and/or oral-motor problems, as well as the picky eater.

The program was developed over the course of 15 years through the clinical work of Dr. Kay A. Toomey in collaboration with colleagues from several different disciplines including: pediatricians, occupational therapists, dietitians, and speech language pathologists.


This program integrates motor, sensory, oral, behaviour / learning, medical and nutritional factors and approaches in order to comprehensively evaluate and manage children with feeding/growth problems. It is based on, and grounded philosophically, on the normal developmental steps, stages, and feeding skills found in typically developing children. The treatment component of the program utilizes the typical developmental feeding steps to create a systematic desensitization hierarchy of skills and behaviours necessary for children to progress in eating various textures while growing at an appropriate rate. The assessment component of the program makes sure that all physical reasons for atypical feeding development are examined and treated medically. In addition, the program identifies any nutritional deficits and creates appropriate recommendations to address these.

WHEN CHILDREN CAN'T (OR WON'T) EAT:

The S.O.S. (Sequential Oral Sensory) Approach to Feeding

Presented by
Kay A. Toomey, Ph.D
Erin S. Ross, MA, CCC-SLP, Ph.D

December 6th, 7th and 8th,
2009
Toronto, Ontario

Sponsored by:
The Learning Workshop
 (905) 709-3354
Fax (905) 597-8577
www.thelearningworkshop.ca

Learning Objectives:

Participants will be able to:

1. Identify the major reasons why children won't eat, as based on learning theory principles.
2. Outline the necessary developmental feeding skills and the order of acquisition of those skills across time.
3. List current and historical physical, behavioural, motor, oral-motor, and sensory factors needing examination as part of a feeding assessment.
4. Implement the SOS Approach to Feeding program treatment strategies to be used for toddlers and children with developmental delays, in group and individually.

Who should attend?

This conference is intended for professionals who work with children who have feeding difficulties. They include: occupational therapists, speech language pathologists, early intervention specialists, nurses, physicians, dietitians, psychologists, and other child care providers.

Workshop Locations:

Downtown Toronto *Please Note: The workshop will take place in 2 separate locations:

December 6th 2009

➤ **Mt. Sinai Hospital**

600 University Avenue, 18th floor, Auditorium
(near College and University)

December 7th and 8th 2009

➤ **Metro Central YMCA**

20 Grosvenor Street, Main Auditorium
(near College and Yonge)

AGENDA

DAY 1 : Sunday, December 6th, 2009

- 7:30- 8:00 am Registration
8:00-12 noon **I. Introduction**
II. Feeding Theory
How children learn to AND not to eat
III. Feeding Milestones
12:00 -1:00 pm Lunch
1:00-5:00 pm **IV. Steps to Eating**
V. Developmental Food Continuum
VI. Psychological Developmental Stages
VII. Treatment/Interventions

DAY 2 : Monday, December 7th, 2009

- 8:00am-12 noon **VII. Treatment/Interventions – cont.**
VIII. Assessment of Feeding Problems
IX. The SOS Approach to Feeding
A. Systematic Desensitization
B. Cues to Eating
12:00-1:00 pm Lunch
1:00-5:00 pm **IX. The SOS Approach to Feeding**
C. Language Use
D. Therapy Format - Child
E. Therapy Format – Parent
F. Building a Food Hierarchy

DAY 3: Tuesday, December 8th, 2009

- 8:00am-noon **IX. The SOS Approach to Feeding**
G. Hierarchy Strategies
X. Managing “Problem” Behaviors
12:00-1:00 pm Lunch
1:00-3:00 pm **I. Specialty Workshop 1**
Helping Children Transition off G-tubes
3:15-5:00 pm **II. Specialty Workshop 2**
Feeding the Child on the Autism Spectrum

Registration Fees:

\$595.00 (includes breakfast, snacks and handouts)

Make cheque payable to “The Learning Workshop”

Full refunds will be given until 30 days prior to the course. Within 30 days of the course, a \$50 administrative fee will be applied to all refunds. No refunds will be given for cancellations made within 2 weeks of the first day of the course.

The Learning Workshop reserves the right to cancel a course for just cause. Cancellation due to insufficient registration will not occur less than two weeks prior to the course. In such a case, full tuition will be promptly refunded. Non-refundable airfares will not be reimbursed. Please note that we do not process credit card payment.

Registration Form

Name: _____

Address: _____

Phone: _____

Email: _____

Fax: _____

Profession: _____

Place of Work: _____

Mail Registration to:
The Learning Workshop
222 Winding Lane
Thornhill, Ontario, L4J 5J6
Phone: (905) 709-3354
Fax: (905) 597-8577

All course participants will be issued a Certificate of Attendance and official Tax receipt.

*Both of these documents can be forwarded to the **Allied Health Professional Development Fund** for potential full reimbursement. For info/applications, visit www.ahpdf.ca*